

Metropolitan State University of Denver ♦ Pikes Peak Library District  
Pikes Peak Diversity Council ♦ Golden Lotus Foundation

*Presents*

# Haiku Contest

Enter an original Haiku Poem  
for a chance to win a \$20 Gift Card  
by random drawing and have your Haiku Poem  
selected by a local Chef to create a meal.  
The theme of your Haiku Poem  
needs to be food related.

This virtual contest is open to age 10 and older.  
Entries are due no later than February 28, 2021.

For more information contact: Katrina Suthers, (720) 590-2809, [ksuthe10@msudenver.edu](mailto:ksuthe10@msudenver.edu)  
Cynthia Aki (719) 540-5338, [info@GoldenLotusFoundation.org](mailto:info@GoldenLotusFoundation.org)

**LEARN MORE!**

# Haiku Contest 2021

We are pleased to offer a FOOD THEME Haiku Contest for age 10 and older.

**Entries Due:** February 28, 2021

**Review Period:** February 1 - 28, 2021

**Winners Announced:** March 17, 2021

## **Review and Prizes:**

\* Haiku is a traditional form of Japanese poetry. Haiku is written in the present tense and expresses a single feeling or impression, or has a seasonal reference. **The theme of your Haiku poem needs to be food related.** You are challenged to convey a message in 17 syllables in 3 (three) lines. Line #1 has 5 (five) syllables, line #2 has 7 (seven) syllables, and line #3 has 5 (five) syllables.

Example of Haiku Poem:

An old silent pond.

A frog jumps into the pond.

Splash! Silence again.

By Matsuo Basho

- \* Please email your Haiku Poem entry to Katrina Suthers at [ksuthe10@msudenver.edu](mailto:ksuthe10@msudenver.edu). Please also complete the entry form linked below and include it with your email. (Please note your Haiku Poem will be shared with local Chefs for them to select and prepare a meal, and may be published for purpose of fundraising for Colorado Academy of Nutrition & Dietetics Student Scholarships.)
- \* By random drawing, 3 (three) \$20 Gift Cards will be drawn and mailed to the winners.

Please complete Entry Form.

# Haiku Contest

## ENTRY FORM

Please **PRINT** all information

DATE \_\_\_\_\_

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP CODE \_\_\_\_\_ - \_\_\_\_\_

Contact Email \_\_\_\_\_

Contact Phone # \_\_\_\_\_ Mobile \_\_\_\_\_

**Permission to use Haiku and Photo Release:** I hereby agree to allow the Golden Lotus Foundation to use my Haiku poem (entry must be an original Haiku poem) and use photographs for communication and advertising of events. I grant ownership to GLF and release any rights or claim to them.

Applicant Signature \_\_\_\_\_

**For ages 10 - 18 years old**

PARENT or GUARDIAN NAME \_\_\_\_\_

SIGNATURE \_\_\_\_\_

## Thank you for your participation!

Submit Haiku with Entry Form Email to: Katrina Suthers, [ksuthe10@msudenver.edu](mailto:ksuthe10@msudenver.edu)  
or Mail to: Golden Lotus Foundation  
4645 Star Ranch Road  
Colorado Springs, CO 80906

Golden Lotus Foundation is exempt from federal income tax under section 501(c)(3) of the Internal Revenue Code, Identification Number 90-0660261.